

TITLE OF THE INVENTION

PREVENTING ATRIAL FIBRILLATION (AF) WITH THE USE OF STATIN DRUGS

5

FIELD OF THE INVENTION

The present invention relates to a novel method to attenuate atrial fibrillation (AF) promotion by atrial tachycardia (AT). Specifically, the invention concerns
10 the use of HMG-CoA reductase inhibitors, such as simvastatin (Zocor®), lovastatin (Mevacor®, Altacor®) and pravastatin (Pravachol®), to prevent and lessen AF.

BACKGROUND OF THE INVENTION

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Atrial fibrillation (AF) occurs when the electrical impulses in the atria degenerate from their usual organized pattern into a rapid chaotic pattern. This disruption results in an irregular and often rapid heartbeat that is classically described as "irregularly irregular" and is due to the unpredictable conduction of these
20 disordered impulses across the atrioventricular (AV) node.

AF may be classified on the basis of the frequency of episodes and the ability of an episode to convert back to sinus rhythm. One method of classification is outlined in guidelines published by the American College of Cardiology (ACC),
25 the American Heart Association (AHA), and the European Society of Cardiology (ESC), with the collaboration of the North American Society of Pacing and Electrophysiology (NASPE). According to these guidelines, if a patient has two or more episodes, AF is considered to be *recurrent*. Recurrent AF may be
30 *paroxysmal* or *persistent*. If the AF terminates spontaneously it is designated as *paroxysmal*, and if the AF is sustained it is designated as *persistent*. In the latter case, termination of the arrhythmia with electrical or pharmacologic cardioversion does not change its designation. Persistent AF may present either as the first manifestation of the arrhythmia or as the culmination of

recurrent episodes of paroxysmal AF. The category of persistent AF also includes *permanent* AF, which refers to long-standing (generally > 1 year) AF for which cardioversion was not indicated or attempted.

- 5 AF is the most common sustained tachyarrhythmia encountered by clinicians. AF occurs in approximately 0.4% to 1.0% of the general population, and it affects more than 2 million people in the United States annually. Its prevalence increases with age, and up to 10% of the population older than 80 years has been diagnosed with AF at some point. With the projected growth of the elderly
10 population the prevalence of AF will certainly increase.

- AF may be associated with physiologic stresses such as surgical procedures, pulmonary embolism, chronic lung diseases, hyperthyroidism, and alcohol ingestion. Disease states commonly associated with AF include hypertension,
15 valvular heart disease, congestive heart failure (CHF), coronary artery disease, Wolff-Parkinson-White (WPW) syndrome, pericarditis, and cardiomyopathy. When no identifiable risk factor for AF is present, the condition is classified as *lone* AF.

- 20 AF may have hemodynamic consequences. It may decrease the cardiac output by as much as 20%, increase pulmonary capillary wedge pressure, and increase atrial pressures. These effects are due to tachycardia, loss of atrial contribution to left ventricular (LV) filling, increased valvular regurgitation, and the irregular ventricular response. Some investigators have suggested that the
25 irregularity of the R-R intervals contributes more to the hemodynamic changes than does the mere presence of tachycardia.

- The clinical presentation of AF is quite variable. Generally the symptoms are attributable to the rapid ventricular response. However, even when the
30 ventricular response is controlled, symptoms may occur from the loss of AV synchrony. This is particularly the case for patients with LV dysfunction. Some patients are completely asymptomatic, even those who have rapid heart rates.

But more often, patients report nonspecific symptoms such as fatigue, dyspnea, dizziness, and diaphoresis. Palpitations are a common feature. Occasionally, patients present with extreme manifestations of hemodynamic compromise, such as chest pain, pulmonary edema, or syncope. AF is present in 10% to 5 40% of patients with a new thromboembolic stroke.¹

AF is difficult to treat. Atrial tachyarrhythmias alter atrial electrophysiology in a way that promotes AF, and these alterations are believed to contribute to both the occurrence and persistence of the arrhythmia.²⁻⁵ Prevention of atrial 10 tachycardia-induced remodeling is an attractive therapeutic approach,⁶ but to date the only drugs shown to prevent experimental remodeling due to several days or more of atrial tachycardia are mibefradil,^{7,8} which is no longer on the market, and amiodarone.⁹

15 There is therefore a need for a new pharmaceutical approach to prevent the consequences of atrial tachycardia remodeling.

SUMMARY OF THE INVENTION

20 The present invention seeks to meet this need. The invention relates to a new method for preventing or attenuating atrial fibrillation (AF) promotion by atrial tachycardia. The method comprises the administration of a therapeutically effective amount of a HMG-CoA reductase inhibitor, such as simvastatin (Zocor®), to a subject in need thereof. The basis for this method will be 25 described in detail below.

There is evidence for enhanced oxidative stress in atrial tissue samples from AF patients¹⁰ and for benefit from antioxidant vitamins in preventing atrial tachycardia remodeling.¹¹ In addition, there is evidence for a role of 30 inflammation in AF.^{12,13} Statins have both anti-inflammatory and antioxidant properties.^{14,15}

A study was designed to assess the effects of simvastatin on atrial remodeling caused by one week of atrial tachycardia. As comparator agents, vitamin C and combined vitamins C and E therapy were used, since these also have some antioxidant properties and vitamin C has shown some value in preventing atrial tachycardia remodeling.¹¹

Simvastatin is known to reduce oxidant stress and inflammation, processes believed to play a role in AF. The effects of simvastatin with antioxidant vitamin C and vitamins C plus E on atrial remodeling in dogs caused by atrial tachypacing (400 bpm) were compared. Serial closed-chest electrophysiological studies were performed in each dog at baseline and 2, 4, and 7 days after tachypacing-onset. Atrioventricular block was performed to control ventricular rate. Mean duration of induced AF was increased from 42±18 seconds to 1079±341 seconds at terminal open-chest study after tachypacing alone ($P<0.01$), and atrial effective refractory period (ERP) at a cycle length of 300 ms was decreased from 117±5 to 76±6 ms ($P<0.01$). Tachypacing-induced ERP shortening and AF promotion were unaffected by vitamin C or vitamins C and E; however, simvastatin suppressed tachypacing-remodeling effects significantly, with AF duration and ERP averaging 41±15 seconds and 103±4 ms respectively after tachypacing with simvastatin therapy. Tachypacing downregulated L-type Ca^{2+} -channel α -subunit expression (Western blot), an effect that was unaltered by antioxidant vitamins but greatly attenuated by simvastatin.

One week of tachypacing abbreviated atrial refractoriness and increased AF duration, an effect not altered by vitamin C or vitamin C plus E. Simvastatin attenuated atrial ERP abbreviation and AF promotion caused by atrial tachypacing, and prevented tachypacing-induced downregulation of $\text{Ca}_v1.2$ protein. Simvastatin therefore prevented atrial tachycardia-induced remodeling.

Other objects, advantages and features of the present invention will become more apparent upon reading of the following non restrictive description of

preferred embodiments thereof, given by way of example only with reference to the accompanying drawings.

BRIEF DESCRIPTION OF THE DRAWINGS

- 5 **Figure 1:** The effect of atrial tachypacing on electrophysiological parameters during closed-chest study in ATP-only dogs. **A**, ERP as a function of basic cycle length (BCL) at baseline (day 0, P0) and after 2 (P2), 4 (P4) and 7 (P7) days of ATP. **B**, Mean duration of induced AF (DAF) as a function of tachypacing duration. $*P<0.05$, $***P<0.001$ versus P0.
- 10 **Figure 2:** Time-dependent ERP changes as measured during serial closed chest study at basic cycle lengths (BCLs) of 300 (**A**) and 150 (**B**) ms, after atrial tachypacing for the durations indicated. $*P<0.05$, $**P<0.01$ versus ATP-only. ATP=ATP-only; ATP+VitC, ATP+VitC&E, ATP+SR-VitC, ATP+SIM=atrial
- 15 tachypacing in presence of vitamin C, vitamins C and E, sustained-release vitamin C and simvastatin, respectively.
- Figure 3:** Mean \pm SEM AF duration (DAF) during 7-day atrial tachypacing and treatment with: vitamin C (**panel A**); vitamins C and E (**panel B**); sustained-release vitamin C (**panel C**); simvastatin (**panel D**). P0, P2, P4, P7=pacing for
- 20 0, 2, 4 and 7 days, respectively.
- Figure 4:** Mean \pm SEM ERP values in RA appendage during the final open-chest study. No significant differences were observed between ATP-only dogs and
- 25 vitamin C-treated (**A**), vitamin C and E treated (**B**), or sustained-release vitamin C-treated dogs (**C**). ERP values were significantly greater in simvastatin-treated dogs than in ATP-only dogs (**D**). $*P<0.05$, $**P<0.01$ versus ATP-only. Abbreviations as in Figure 2.
- 30 **Figure 5:** AF promotion as measured during final open-chest study. **A**, mean \pm SEM duration of AF (DAF). **B**, AF vulnerability, as percentage of sites at which AF could be induced by single premature extrastimuli. $*P<0.05$, $**P<0.01$

versus ATP-only. NP=non-paced controls; ATP=ATP-only; SIM, VitC, VitC&E, SR-VitC=atrial tachypaced dogs treated with simvastatin, vitamin C, vitamins C and E, and sustained-release vitamin C, respectively.

- 5 **Figure 6:** ERPs in different atrial regions at BCL 300 ms at final open-chest study. In each panel, results from non-paced dogs are shown by dotted lines (.....) and results from ATP-only dogs by dashed lines (-----). These are compared to results in ATP dogs treated with vitamin C (A), vitamins C and E (B), sustained-release vitamin C (C) and simvastatin (D). * $P < 0.05$, ** $P < 0.01$
10 versus NP. RAA, RAPW, RAIW, RABB, LAA, LAPW, LAIW, LABB=RA and LA appendage, posterior wall, inferior wall, Bachmann's bundle, respectively.

- Figure 7:** Expression of L-type Ca^{2+} -channel α -subunit ($\text{Ca}_v1.2$) protein. A, Representative results from single gel. B-C, mean \pm SEM $\text{Ca}_v1.2$ protein band
15 intensities (normalized to GAPDH and control band in each gel) in RA (B) and LA (C) appendages. Abbreviations as in Figure 5.

DESCRIPTION OF THE PREFERRED EMBODIMENTS

- 20 **Definitions:** Unless otherwise specified, the terms used herein have the meanings that would be understood by those of skill in the art. For convenience, the following recurring terms have been defined.

“ATP”: Atrial tachypacing.

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“Atrial fibrillation”: Atrial fibrillation (often termed “AF”) is a heart rhythm disorder (arrhythmia). It usually involves a rapid heart rate, in which the upper heart chambers (atria) are stimulated to contract in a very disorganized and abnormal manner.

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“Atrial fibrillation promotion”: A process that makes AF easier to initiate or maintain.

"Atrial tachyarrhythmia": A too-rapid, irregular rhythm in the heart's upper chambers that can impair a person's quality of life. If left untreated, atrial tachyarrhythmias can lead to a fivefold increase in the risk of stroke.

- 5 **"Atrial tachycardia":** A sustained, irregular heart rhythm that occurs in the upper chamber of the heart and causes it to beat too rapidly.

- 10 **"Atrial tachycardia-induced remodeling", or "atrial tachycardia remodeling":** These terms define the changes of atrial electrophysiologic properties taking place in atrial myocytes during atrial fibrillation and/or following periods of sustained atrial fibrillation (AF). This is also called "electrophysiological remodeling".

- 15 **"BCL":** Basic cycle length.

- 20 **"CRP":** C-reactive protein (CRP), a marker for inflammation, is analyzed as a predictor of cardiovascular disease. CRP is a pentameric globulin with mobility near the gamma zone. It is an acute phase reactant which rises rapidly, but nonspecifically in response to tissue injury and inflammation. It is particularly useful in detecting occult infections, acute appendicitis, particularly in leukemia and in postoperative patients. In uncomplicated postoperative recovery, CRP peaks on the 3rd post-op day, and returns to pre-op levels by day 7. It may also be helpful in evaluating extension or reinfarction after myocardial infarction, and in following response to therapy in rheumatic disorders.

- 25 **"DAF":** Duration of induced AF.

"EPS": Electrophysiological study.

- 30 **"Extracardiac action":** Action on organs other than the heart.

"ERP": effective refractory period.

"LA": Left atrium.

"HMG-Co A reductase inhibitor": 3-Hydroxy-3-Methyl-Glutaryl Coenzyme A reductase inhibitors ("statins") are compounds that act by blocking an enzyme that is needed by the body to make cholesterol. Sometimes referred to antihyperlipidemic drugs, they thus help to lower cholesterol in the body. Members include the following medicaments: atorvastatin (Lipitor®), cerivastatin (Baycol®), fluvastatin (Lescol®), lovastatin (Mevacor®, Altacor®), pravastatin (Pravachol®), simvastatin (Zocor®), epistatin, eptastatin, mevinolin, and synvinolin. They have a common mechanism of action and are thought to behave in a biologically similar fashion.

"RA": Right atrium.

"R-R interval": The time between two consecutive heartbeats measured by the distance from one ECG QRS complex to the next QRS complex. Note that the average R-R interval in seconds is obtained by dividing 60 seconds by the heart rate measured. In normal individuals, the R-R interval is somewhat variable.

Experimental

Animal Model

Thirty-nine mongrel dogs (body weight 20 to 37 kg) were anesthetized with ketamine (5.3 mg/kg IV), diazepam (0.25 mg/kg IV), and halothane (1.5%). Unipolar leads were inserted through jugular veins into the right ventricular (RV) apex and right atrial (RA) appendage under fluoroscopic guidance and connected to pacemakers (Medtronic) in subcutaneous pockets in the neck. A bipolar electrode was also inserted into the RA for atrial stimulation and recording during serial electrophysiological study (EPS). AV block was created by radiofrequency catheter ablation to control ventricular response during atrial tachypacing (ATP) and the RV pacemaker was programmed to pace at 80 bpm.

After 24 hours for recovery, a baseline closed-chest EPS was performed under anesthesia with ketamine, diazepam, and isoflurane, and then ATP (400 bpm) was initiated. Closed-chest EPS was repeated at 2, 4 and 7 days of ATP and a final open-chest EPS was performed on day 8 under anesthesia with morphine and α -chloralose.

Groups

Results in 7 atrial tachypaced dogs without any treatment (ATP-only group) and 9 non-paced control dogs were each compared with those of dogs subjected to ATP during oral treatment with: 1) simvastatin, 80 mg/day (n=6), beginning 3 days prior to ATP onset; 2) vitamin C, 500 mg twice daily (n=6); and 3) combined vitamin C, 500 mg and vitamin E, 200 IU twice daily (n=6), beginning 1 day prior to ATP onset and continued throughout the study period. In addition, because no clear effect of vitamin C was observed at this dose, we studied an additional group of 5 dogs receiving sustained-release vitamin C 1.5 g daily in divided doses beginning 1 day before ATP.

Study Protocol

On each closed-chest EPS day, dogs were anesthetized with ketamine (5.3 mg/kg IV), diazepam (0.25 mg/kg IV), and isoflurane (1.5%), and ventilated mechanically. The atrial pacemaker was then deactivated and the RA appendage effective refractory period (ERP) was measured at basic cycle lengths (BCLs) of 150, 200, 250, 300, and 360 ms. ERP was measured with 10 basic stimuli (S1) at various BCLs followed by a premature extrastimulus (S2) with 5 ms decrements. The longest S1-S2 failing to capture the atria defined the ERP. AF was induced with atrial burst pacing at 10 Hz and 4 times threshold current. Mean AF duration was calculated based on 10 inductions for AF <20 minutes and 5 inductions for AF lasting 20 to 30 minutes. AF lasting longer than 30 minutes was considered sustained and terminated by DC cardioversion. A 20-minute rest period was then allowed before continuing measurements. If sustained AF was induced twice during an experiment, no further AF induction was performed.

For open-chest EPS, dogs were anesthetized with morphine (2 mg/kg SC) and α -chloralose (120 mg/kg IV, followed by 29.25 mg/kg/h), and ventilated mechanically. Body temperature was maintained at 37°C, and a femoral artery and both femoral veins were cannulated for pressure monitoring and drug administration. A median sternotomy was performed, and bipolar electrodes were hooked to the RA and left atrial (LA) appendage for recording and stimulation. A programmable stimulator (Digital Cardiovascular Instruments) was used to deliver twice-threshold currents. Five silicon sheets containing 240 bipolar electrodes were sutured onto the atrial surfaces as previously described.⁷⁻⁹ Atrial ERP was measured over a range of BCLs in RA and LA appendages and at BCL 300 ms in 6 additional sites: RA posterior wall, RA inferior wall, RA Bachmann's bundle, LA posterior wall, LA inferior wall, and LA Bachmann's bundle. AF duration was assessed as described above and AF vulnerability was determined as the percentage of atrial sites at which AF could be induced by single extrastimuli.

Blood samples were collected on the final open-chest study day. Serum was removed following centrifugation (3000 rpm, 20 minutes) and stored at -80°C for subsequent C-reactive protein (CRP) analysis. CRP was measured with the Phase Range® canine CRP ELISA kit (Tri-delta Diagnostics Inc.).

At the end of open-chest studies, RA and LA tissue samples were fast-frozen in liquid nitrogen and stored at -80°C. To isolate proteins, tissues were homogenized in RIPA buffer with a protease inhibitor cocktail (5 µg/µL leupeptin, 5 µg/µL soybean trypsin inhibitor and 10 µg/mL benzamidine; Sigma) added to prevent protein degradation. The suspension was incubated on ice and then centrifuged (14000 g, 10 minutes, 4°C). The soluble fraction was stored at -80°C. Protein concentrations were measured by Bradford assay with bovine albumin as a standard. Proteins (200-µg samples) were denatured in Laemmli buffer, electrophoresed on 7.5% SDS-polyacrylamide gels and then transferred to polyvinylidene difluoride (PVDF) membranes overnight, blocked for 2 hours with 0.1% Tween-80-Tris-buffered saline (TTBS) at room

temperature (RT) and then incubated with primary antibody (Alomone Labs, anti-cardiac $Ca_v1.2$, 1:100) at 4°C overnight. After 3 washes, membranes were re-blocked in 1% nonfat dry milk in TTBS for 10 minutes and incubated with secondary antibody (Jackson Laboratories, goat anti-rabbit) for 90 minutes at
5 RT. After 3 additional washes in TTBS, antibody detection was performed with Western Lightning™ Western Blot Chemiluminescence Reagent *Plus*. Band densities were quantified by densitometry (Quantity One software) standardized to GAPDH and normalized to the control sample on each gel.

10 Data Analysis

Data are presented as mean±SEM. Multiple-group comparisons were obtained by ANOVA. A *t*-test with Bonferroni correction was used to evaluate differences between individual means. A two-tailed $P<0.05$ was considered statistically significant.

15

Results

General Properties

There were no significant differences among groups in mean body weight or in hemodynamic variables at final open-chest study (Table 1). Although CRP
20 tended to be slightly higher at end-study in ATP-only dogs, CRP varied widely among dogs and there were no statistically-significant CRP differences among groups.

TABLE 1: GENERAL PROPERTIES OF EACH GROUP AT OPEN-CHEST STUDY

	NP	ATP alone	ATP+ VitC	ATP+ VitC&E	ATP+ SR-VitC	ATP+ SIM	P
Body weight, kg	30±1	30±0	32±2	29±1	35±2	29±2	NS
HR, bpm	158±6	165±9	145±9	150±8	144±9	169±6	NS
Systolic BP, mm Hg	104±7	108±16	107±8	109±9	104±6	131±4	NS
Diastolic BP, mm Hg	58±7	50±8	41±6	56±9	54±6	60±7	NS
LVSP, mm Hg	106±8	102±14	107±8	107±9	113±6	127±5	NS
LVEDP, mm Hg	6±1	6±1	6±1	5±1	4±1	9±1	NS
LAP, mm Hg	5±1	6±1	5±1	4±1	4±1	8±1	NS
CRP, mg/L	17±6	24±8	20±9	30±8	N.A.	14±5	NS

NP indicates non-paced control group; ATP, atrial tachypacing-only group; ATP+VitC, ATP with vitamin C treatment; ATP+VitC&E, ATP with combined vitamin C and E treatment; ATP+SR-vitC, ATP with slow-release vitamin C; ATP+SIM, ATP with simvastatin treatment; HR, heart rate; BP, blood pressure; LVSP, left ventricular systolic pressure; LVEDP, left ventricular end-diastolic pressure; LAP, left atrial pressure; NA, not available.

Effects of Interventions on Atrial Tachycardia-Induced Changes as Measured During Serial

Closed-Chest Studies

Changes in ERP caused by 7 days of ATP in ATP-only dogs are shown in Figure 1. ERP decreased substantially within 2 days and reached steady-state changes at 4 days (Figure 1A). AF duration increased substantially from 10±7 seconds prior to ATP to values averaging hundreds of seconds on days 4 and 7 of atrial tachycardia (Figure 1B).

Figure 2 compares ERP changes as measured at cycle lengths of 300 (panel A) and 150 (panel B) ms in dogs subjected to ATP-only with dogs subjected to atrial tachycardia in the presence of each of the drug interventions. Under baseline conditions (day 0) there were no significant differences in ERP among groups. With the onset of atrial tachycardia, ERP decreased rapidly and to a similar extent in ATP-only dogs and in dogs subjected to atrial tachycardia in the presence of each of the antioxidant vitamin regimens. In simvastatin-treated dogs subjected to atrial tachycardia, the ERP changes were smaller and ERP values were larger than in ATP-only dogs for both cycle lengths.

Figure 3 shows the progression of mean AF duration in dogs subjected to atrial tachycardia in the presence of each of the interventions studied. With vitamin C (panel A), vitamins C and E (panel B) and sustained-release vitamin C (panel C), progressive increases in AF duration to means between ~400 to 600 seconds occurred by day 7, not significantly different from ATP-only dogs. In contrast, atrial tachycardia-induced AF promotion was virtually abolished in simvastatin-treated dogs (panel D).

Differences Among Groups in Results at Final Open-Chest Study

- ERP values measured as a function of cycle length during the final open-chest study are illustrated in Figure 4. Dogs subjected to ATP without drug intervention had atrial ERPs averaging <80 ms at all basic cycle lengths, and virtually no rate-adaptation of the ERP was detectable. No significant differences were observed between ATP-only dogs and dogs subjected to atrial tachycardia in the presence of vitamin C (panel A), vitamins C and E (panel B) or sustained-release vitamin C (panel C). Dogs subjected to atrial tachycardia in the presence of simvastatin showed ERP values that were significantly greater than those subjected to ATP without drug intervention (panel D).
- In non-paced control dogs, AF always terminated spontaneously within 5 minutes. AF requiring cardioversion for termination was induced following ATP in 57% of ATP-only dogs, 33% of vitamin C-treated dogs, 50% of combined vitamin C and E-treated dogs and 40% of sustained-release vitamin C-treated dogs. No sustained AF requiring cardioversion occurred in atrial tachypaced dogs treated with simvastatin. Figure 5 summarizes differences in mean AF duration and atrial vulnerability at open-chest study among the different groups of dogs. Non-paced control dogs had mean AF durations averaging 42 seconds (panel A), and ATP increased mean AF duration at open-chest study to over 1000 seconds. Dogs subjected to ATP in the presence of each of the antioxidant vitamin regimens had mean AF durations greater than 500 seconds and not significantly different from ATP-only. Dogs subjected to ATP in the presence of simvastatin had substantial attenuation of the AF maintenance-

promoting effect of atrial tachycardia, with a mean AF duration (~40 seconds) equivalent to that of non-paced controls. AF vulnerability changes are shown in panel B. AF was induced by single extrastimuli at a mean of over 50% of atrial sites in ATP-only dogs, significantly greater than the less than 15% of sites at which AF could be induced in non-paced controls. In dogs subjected to ATP during therapy with antioxidant vitamins, AF was induced at an average of >50% of sites in each group. In simvastatin-treated dogs exposed to ATP, atrial vulnerability was significantly reduced compared to ATP-only, to an average of ~20%.

Figure 6 shows values of atrial ERP in different atrial regions. ERP decreases caused by ATP were regionally variable, as previously described,¹⁶ with the largest changes occurring in RA inferior wall, posterior wall and appendage, as well as LA appendage. There were no significant differences between ERP values in ATP-only dogs and dogs in each of the antioxidant vitamin groups (panels A-C). Simvastatin significantly attenuated ATP effects on ERP in RA appendage, posterior wall and inferior wall. LA ERP reductions induced by ATP were not significantly altered by simvastatin therapy.

Changes in L-Type Ca^{2+} -Channel α -Subunit Protein Expression

Reductions in L-type Ca^{2+} -current,¹⁷ apparently due to transcriptional down-regulation of the $\alpha 1c$ pore-forming Ca^{2+} -channel subunit, $\text{Ca}_v1.2$,¹⁸⁻²⁰ are important in mediating electrophysiological changes caused by atrial tachycardia remodeling. The expression of $\text{Ca}_v1.2$ protein in RA and LA appendage was therefore quantified with the use of Western blot techniques in non-paced dogs and dogs subjected to ATP during treatment with simvastatin, vitamin C and vitamins C and E. A clear signal was obtained at 207 kDa, corresponding to the expected molecular mass of $\text{Ca}_v1.2$ protein (Figure 7A). ATP alone significantly reduced $\text{Ca}_v1.2$ protein expression in both RA (Figure 7B) and LA (Figure 7C) tissue samples. Neither vitamin C alone nor vitamins C plus E altered the tachypacing-induced $\text{Ca}_v1.2$ changes. In contrast, simvastatin significantly attenuated $\text{Ca}_v1.2$ downregulation.

Discussion

Main Findings

Simvastatin was found to prevent AF promotion by 1 week of ATP in dogs. This action was associated with significant attenuation of RA ERP abbreviation and of atrial tachycardia-induced effects on $\text{Ca}_v1.2$ protein expression. These actions were not shared by the antioxidant vitamin C nor by vitamins C and E in combination.

Comparison with Previous Studies of Drug Effects on Atrial Tachycardia-Induced

Remodeling

Although several articles have demonstrated beneficial effects of L-type Ca channel blockers on short-term atrial tachycardia-induced remodeling,²¹⁻²⁴ they appear to be ineffective against longer-term (>24-hour) remodeling.^{8,25} A variety of other compounds, including Na^+ , H^+ -exchange blockers and angiotensin converting-enzyme inhibitors, have also been found effective in short-term^{25,26} but not longer-term²⁸ AF. Carnes et al¹⁰ demonstrated effectiveness of vitamin C at doses equivalent to those in the present study in attenuating ERP changes caused by 48-hour atrial tachycardia in the dog (changes in arrhythmia promotion were not reported). Here, the effectiveness of vitamin C, alone or in combination with vitamin E, in preventing ERP or AF-promoting effects of 7-day atrial tachycardia was not observed.

The T-type Ca^{2+} -channel blocker mibefradil^{7,8} and the broad-spectrum antiarrhythmic amiodarone⁹ do prevent the effects of 1-week atrial tachycardia in the dog. However, mibefradil has been removed from the market because of adverse drug interactions and amiodarone's value is limited by a range of potentially-serious adverse effects. The present study is believed to be the first to demonstrate the effectiveness of a HMG-CoA reductase (here, simvastatin) in atrial-tachycardia remodeling and AF promotion.

Potential Underlying Mechanisms

Statins act as antioxidants by inhibiting superoxide production,²⁹ as well as by increasing nitric oxide bioavailability.^{30,31} Simvastatin increases catalase and glutathione peroxidase activity.³² Thus, without wishing to be bound by any particular hypothesis, it would appear that simvastatin's efficacy is due to an antagonism of oxidant pathways involved in atrial tachycardia remodeling.¹⁰ The antioxidant properties of both vitamin C and E are well-recognized,^{33,34} however, the ability of exogenous vitamin C and E to increase the body's already substantial stores of these important endogenous antioxidants may be insufficient to significantly alter atrial antioxidant capacity. An alternative explanation lies in the anti-inflammatory properties of statins^{14,15} in the context of the potential role of inflammation in AF.^{12,13} Although CRP concentrations were measured in the dogs used in the experiments described above, no significant changes with ATP or simvastatin administration were observed.

Limitations of the Study

Simvastatin was much more effective in preventing tachycardia-induced RA ERP changes than those in the LA (Figure 6D). The basis of this regionally-determined efficacy is unclear, particularly in view of the ability of simvastatin to prevent LA Ca_v1.2 downregulation (Figure 7C). These observations point to a role for factors other than Ca_v1.2 downregulation in contributing to atrial-tachycardia induced ERP changes, and may be related to the observation that nitric-oxide synthase downregulation with atrial-tachycardia remodeling is more significant in LA than in RA.³⁵

Potential Clinical Implications

Atrial-tachycardia remodeling has significant clinical consequences, particularly for AF occurrence and maintenance, and inhibition of such remodeling may be an interesting novel approach to AF therapy.⁶ To date, the drugs shown to prevent atrial-tachycardia remodeling in dog models have either been

unavailable clinically (mibefradil) or have a variety of other potent electrophysiological and extra-cardiac actions (amiodarone). The doses of simvastatin that were used in the study (2 mg/kg daily) are equal to those used in some experimental dog studies³⁶ and smaller than in others,³⁷ but are
5 somewhat higher than those in common clinical use (about 0.1 to 1 mg/kg).

Conclusion

Simvastatin prevents the AF-promoting actions of atrial tachycardia in dogs, and may open up interesting new approaches to preventing the arrhythmic
10 consequences of atrial-tachycardia remodeling in man.

Although the present invention has been described hereinabove by way of preferred embodiments thereof, it can be modified without departing from the spirit, scope and nature of the subject invention, as defined in the appended
15 claims.

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